Lunch Menu	Community Christian School			October 2-6
Monday	Tuesday	Wednesday	Thursday	Friday
Sizźl <mark>a & M</mark> ain		Sizzle and Main		
Baked Chicken* Mashed Potatoes Sauteed Green Beans* Honey Glazed Carrots*	Fried Pork Chops Roasted Sweet Potatoes Corn on the Cobb Roasted Broccoli*	Wing Wednesday Plain, Classic Buffalo, Tangy BBQ* Crinkle Cut Fries Sautéed Green Beans*	Crispy Fried Cod Steak Cut Fries Southern Green Beans* Fried Hush Puppies	General Tso's Chicken* Lo Mein Noodles Honey Soy Glazed Carrots* Roasted Ginger Broccoli *
SIMMER'S Soup Stop		Simmer's Soup Stop		
Classic Chili Tomato Bisque	Chicken Noodle Soup Broccoli Cheddar Soup	Cheeseburger Soup* Butternut Squash Soup*	Creamy Chicken Rice Soup Three Bean Stew*	Egg Drop Soup* Beef & Noodle Soup*
Sprout Berry Spr Salad & Deli	· ·	include Romaine, Mixed Gin Toppings and Six Dressing		ads,
Ars. Annette's Tuna Salad Greek Salad *	BLT Pasta Salad Tomato & Cucumber Salad*	Apple Maple Bacon Salad* Broccoli Salad*	Cobb Salad* Chicken Salad*	Chicken & Mandarin Orang Salad*

Crispy Wonton Salad

The Balanced Bite The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily

Sausage with Potato's & Onions Roasted Brussel Sprouts with Bacon*

Roasted Squash & Zucchini * **Warm Dinner Rolls**

Hummus Bar* Plain & Red Pepper Hummus Pita Chips, Carrots, & Celery

Crispy Mozzarella Sticks Mini Corndogs

Vegetable Fried Rice Pork & Veggie Spring Rolls



Rosemary Wilds - Fresh Baked Thin Crust Pizza

Fresh made pepperoni pizza and cheese pizza available every day! Also look for daily changing pizza specials!







ChefAdvantage is committed to serving **Nutritious and Delicious Meals!** Locally sourced ingredients whenever possible No High Fructose Corn Syrup, Trans Fats, or MSG Gluten Free Items *



Lunch Menu	Co	mmunity Christian Sch	nool	October 9-13
Monday	Tuesday	Wednesday	Thursday	Friday
Sizzle & Main		Sizzle and Main		
Spaghetti & Meatballs Buttered Corn* Steamed Broccoli* Warm Garlic Bread	Home Made Sloppy Joes Crinkle Cut Fries BBQ Baked Beans* Sauteed Green Beans*	Chicken & Waffles W/ Maple Syrup Roasted Red Potatoes Honey Glazed Carrots*	New Orleans Style Chicken & Sausage Jambalaya Steamed Broccoli* House made Baked Beans* Corn & Peppers Mix*	Oven Baked Chicken Parmesan Peas & Carrots* Creamed Spinach Roasted Red Potatoes
SIMMER'S Soup Stop		Simmer's Soup Stop		
Potato & Bacon Soup Creamy Corn Chowder	Beef Vegetable* Tomato Bisque*	White Chicken Chili Minestrone Soup	New Orleans Style Gumbo Cream of Cauliflower Soup	Split Pea & Ham Soup* Hearty Vegetable Soup*
Salad & Deli		include Romaine, Mixed Gresh Toppings and Six Dressings		, ,
Pesto Pasta Salad Caprese Salad*	Southern Style Potato Salad Home Made Cole Slaw*	Mrs. Annette's Egg Salad* Classic Tuna Salad*	Cobb Salad* Chicken & Pear Salad*	Cajun Pasta Salad Bacon & Blue Cheese Potato Salad
The Balanced Bite The Ba	alanced Bite-In Addition to Lis	ted Menu Items, a Warm Grain an	d Plant Based Protein will be se	rved Daily
Fried Egg Plant Parmesan Vegetable Lasagna*	Crispy Cheese Sticks Buttered Corn on the Cobb*	Grilled Cheese Sandwiches House Fried Potato Chips	Savory Succotash* Beignets	Mini Corndogs Broccoli & Cheddar*
NOS IVI IVI	Rosemary	y Wilds – Fresh Baked Thin C	rust Pizza	1





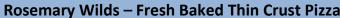


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Lunch Menu	ch Menu Community Christian School			October 16-20
Monday	Tuesday	Wednesday	Thursday	Friday
Sizzla & Main		Sizzle and Main		
Grilled Hamburgers Crinkle Cut Fries Slow Simmered Baked Beans* Sauteed Green Beans*	Crispy Fried Chicken Steamed Broccoli* Oven Roasted Root Vegetables* Dinner Rolls	Chicken Nuggets Crinkle Cut Fries Green Beans* Mr. Curtis Mac and Cheese*	Roasted Pork Loin* Roasted Sweet Potatoes Creamed Spinach Roasted Corn*	Southern Fried Catfish Hush Puppies Dirty Rice Collard Greens*
SIMMER'S Soup Stop		Simmer's Soup Stop		
Classic Chili French Onion*	Vegetable Minestrone Steak & Potato Soup	Beef Lentil Soup* Broccoli Cheddar Soup*	Italian Sausage & Zucchini Soup Vegetarian Tortilla Soup*	Chicken Noodle Soup Kale & Beans Soup*
Salad & Deli		include Romaine, Mixed Greich Toppings and Six Dressing	·	,
Tofu & Tomato Salad oples & Dried Cranberries Salad	Steak Salad with Blue Cheese Cobb Salad	Classic Tuna Salad* Mrs. Annette's Carrot Salad*	Chicken & Quinoa* Red Skin Potato Salad	Tuna Salad* Pear Salad w/ Balsamid Vinaigrette *
The Balanced Bite The Balan	ced Bite-In Addition to Listed	Menu Items, a Warm Grain ar	nd Plant Based Protein will be	served Daily
Grilled Cheese Sandwich Mac & Cheese	Ramen Noodle Bowl with Chicken, Tofu, & Edamame	Mini Corn Dogs Cheese Ravioli	Sausage with Peppers & Onions* Vegetable Lasagna*	Red Beans & Rice Roasted Broccoli*
TOSIMIZ	Rosemary	y Wilds – Fresh Baked Thin C	rust Pizza	







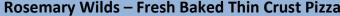


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Gluten Free Items *



Lunch Menu	Community Christian School			October 23-27
Monday	Tuesday	Wednesday	Thursday	Friday
Sizzla & Main		Sizzle and Main		
All American Hot Dogs BBQ Baked Beans* Crinkle Cut Fries Sweet Peas*	Jamaican Jerk Pork* Fried Plantains Steamed Yellow Rice Jamaican Style Steamed Cabbage*	Fried Chicken Sandwich Waffle Fries Steam Broccoli* Mac & Cheese	Pasta Bar with Meat Sauce, or Alfredo Sauce Steamed Green Beans* Caesar Salad* Garlic Bread	Chicken Quesadilla Southwest Rice Street Corn* Slow Simmer Pinto Beans*
SIMMER'S Soup Stop		Simmer's Soup Stop		
Creamy Cauliflower Potato & Bacon Soup	Jamaican Beef Stew* Garden Veggie Soup*	Chicken & Rice Soup Classic Tomato Soup*	Beef Lentil Soup* Vegetable Minestrone	Sausage & Zucchini Soup* Vegetarian Tortilla Soup*
Salad & Deli	prout Berry's Salad Bar will	include Romaine, Mixed Gr	eens, Two Composed Salads	,
American Cole Slaw* Mrs. Annette's Potatoes Salad	Jamaican Chicken Salad* Pineapple & Carrot Salad*	Cobb Salad* Broccoli Salad*	Bacon & Ranch Potato Salad Caprese Salad*	Southwest Chopped Chicken Salad* Black Bean & Corn Salad*
The Balanced Bite The Balance	ced Bite-In Addition to Listed	Menu Items, a Warm Grain ar	nd Plant Based Protein will be	served Daily
Fried Tofu & Green Peas Cheese Grits	Jamaican Style Vegan Chickpea Curry* Jamaican Beef & Potatoes	Mini Corndogs Cheese Sticks	Vegetable Lasagna* Cream Spinach	Cinnamon Sugar Churros Chicken Flauta
ROSEMAN	Rosemar	y Wilds – Fresh Baked Thin C	Crust Pizza	







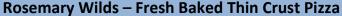


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Lunch Menu	Community Christian School			October 30-November 3
Monday	Tuesday	Wednesday	Thursday	Friday
Sizzl <mark>a & Main</mark>		Sizzle and Main		
BBQ Chicken* Cheesy Cheddar Grits* Collard Greens* BBQ Baked Beans*	BBQ Pulled Pork Sandwich Macaroni & Cheese BBQ Baked Beans* Green Beans*	Chicken Nuggets Crinkle Cut Fries Peas & Carrots* Buttered Corn with Peppers*	Beef & Cheese Enchiladas Southwest Rice Pinto Beans* Street Corn*	Hand Breaded Chicken Tender Honey Carrots* Steamed Broccoli* Crinkle Cut Fries
SIMMER'S Soup Stop		Simmer's Soup Stop		
Chicken & Rice Soup* Hearty Vegetable Soup*	Broccoli Cheddar Soup Steak & Potato Soup	Beef & Vegetable Soup* Butternut Squash*	Chicken Fiesta Soup* Vegetarian Tortilla Soup*	Chicken Noodle Soup Broccoli Cheddar Soup
Salad & Deli	prout Berry's Salad Bar will	l include Romaine, Mixed Gr	eens, Two Composed Salad	s,
Cobb Salad* Greek Salad*	BLT Potato Salad House Made Cole Slaw*	Broccoli Salad* Apple & Cranberry Salad*	Southwestern Chicken Salad* Black Bean & Corn*	Strawberry & Spinach Salad* Mrs. Annette's Tuna Salad*
The Balanced Bite The Balance	ed Bite-In Addition to Listed	Menu Items, a Warm Grain an	nd Plant Based Protein will be	served Daily
ausage with Potatoes & Onions Buttered Cornbread	Buttered Noodles Corn on the Cobb*	Mini Corndogs Crispy Cheese Sticks	Cinnamon & Sugar Dusted Churros Chicken Flauta	Noodle Bowl with Chicken, Tofu, Edamame, Red Onion, Broccoli, & Carrots









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