







Lunch Menu	Community Christian School				October 2-6
Monday	Tuesday	Wednesday	Thursday	Friday	
	Sizzle and Main				
Baked Chicken* Mashed Potatoes Sauteed Green Beans* Honey Glazed Carrots*	Fried Pork Chops Roasted Sweet Potatoes Corn on the Cobb Roasted Broccoli*	Wing Wednesday Plain, Classic Buffalo, Tangy BBQ* Crinkle Cut Fries Sautéed Green Beans*	Crispy Fried Cod Steak Cut Fries Southern Green Beans* Fried Hush Puppies	General Tso's Chicken* Lo Mein Noodles Honey Soy Glazed Carrots* Roasted Ginger Broccoli*	
	Simmer's Soup Stop				
Classic Chili Tomato Bisque	Chicken Noodle Soup Broccoli Cheddar Soup	Cheeseburger Soup* Butternut Squash Soup*	Creamy Chicken Rice Soup Three Bean Stew*	Egg Drop Soup* Beef & Noodle Soup*	
	Sprout Berry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads, Twelve Fresh Toppings and Six Dressings Every Day				
Mrs. Annette's Tuna Salad Greek Salad *	BLT Pasta Salad Tomato & Cucumber Salad*	Apple Maple Bacon Salad* Broccoli Salad*	Cobb Salad* Chicken Salad*	Chicken & Mandarin Orange Salad* Crispy Wonton Salad	
	The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily				
Sausage with Potato's & Onions Roasted Brussel Sprouts with Bacon*	Roasted Squash & Zucchini * Warm Dinner Rolls	Hummus Bar* Plain & Red Pepper Hummus Pita Chips, Carrots, & Celery	Crispy Mozzarella Sticks Mini Corndogs	Vegetable Fried Rice Pork & Veggie Spring Rolls	
	Rosemary Wilds – Fresh Baked Thin Crust Pizza				
Fresh made pepperoni pizza and cheese pizza available every day! Also look for daily changing pizza specials!					



***ChefAdvantage is committed to serving
Nutritious and Delicious Meals!***
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG
Gluten Free Items *



Lunch Menu	Community Christian School				October 9-13
Monday	Tuesday	Wednesday	Thursday	Friday	
<div></div> <div>Sizzle and Main</div>					
Spaghetti & Meatballs Buttered Corn* Steamed Broccoli* Warm Garlic Bread	Home Made Sloppy Joes Crinkle Cut Fries BBQ Baked Beans* Sauteed Green Beans*	Chicken & Waffles W/ Maple Syrup Roasted Red Potatoes Honey Glazed Carrots*	New Orleans Style Chicken & Sausage Jambalaya Steamed Broccoli* House made Baked Beans* Corn & Peppers Mix*	Oven Baked Chicken Parmesan Peas & Carrots* Creamed Spinach Roasted Red Potatoes	
<div></div> <div>Simmer's Soup Stop</div>					
Potato & Bacon Soup Creamy Corn Chowder	Beef Vegetable* Tomato Bisque*	White Chicken Chili Minestrone Soup	New Orleans Style Gumbo Cream of Cauliflower Soup	Split Pea & Ham Soup* Hearty Vegetable Soup*	
<div></div> <div>Sprout Berry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads, Twelve Fresh Toppings and Six Dressings Every Day</div>					
Pesto Pasta Salad Caprese Salad*	Southern Style Potato Salad Home Made Cole Slaw*	Mrs. Annette's Egg Salad* Classic Tuna Salad*	Cobb Salad* Chicken & Pear Salad*	Cajun Pasta Salad Bacon & Blue Cheese Potato Salad	
<div></div> <div>The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily</div>					
Fried Egg Plant Parmesan Vegetable Lasagna*	Crispy Cheese Sticks Buttered Corn on the Cobb*	Grilled Cheese Sandwiches House Fried Potato Chips	Savory Succotash* Beignets	Mini Corndogs Broccoli & Cheddar*	
<div></div> <div>Rosemary Wilds – Fresh Baked Thin Crust Pizza</div>					

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Lunch Menu	Community Christian School				October 16-20
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Monday	Tuesday	Wednesday	Thursday	Friday
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	Sizzle and Main			
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Grilled Hamburgers Crinkle Cut Fries Slow Simmered Baked Beans* Sauteed Green Beans*	Crispy Fried Chicken Steamed Broccoli* Oven Roasted Root Vegetables* Dinner Rolls	Chicken Nuggets Crinkle Cut Fries Green Beans* Mr. Curtis Mac and Cheese*	Roasted Pork Loin* Roasted Sweet Potatoes Creamed Spinach Roasted Corn*	Southern Fried Catfish Hush Puppies Dirty Rice Collard Greens*
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	Simmer's Soup Stop			
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Classic Chili French Onion*	Vegetable Minestrone Steak & Potato Soup	Beef Lentil Soup* Broccoli Cheddar Soup*	Italian Sausage & Zucchini Soup Vegetarian Tortilla Soup*	Chicken Noodle Soup Kale & Beans Soup*
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	Sprout Berry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads, Twelve Fresh Toppings and Six Dressings Every Day			
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Tofu & Tomato Salad Apples & Dried Cranberries Salad	Steak Salad with Blue Cheese Cobb Salad	Classic Tuna Salad* Mrs. Annette's Carrot Salad*	Chicken & Quinoa* Red Skin Potato Salad	Tuna Salad* Pear Salad w/ Balsamic Vinaigrette *
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	The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily			
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Grilled Cheese Sandwich Mac & Cheese	Ramen Noodle Bowl with Chicken, Tofu, & Edamame	Mini Corn Dogs Cheese Ravioli	Sausage with Peppers & Onions* Vegetable Lasagna*	Red Beans & Rice Roasted Broccoli*
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	Rosemary Wilds – Fresh Baked Thin Crust Pizza			
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Lunch Menu	Community Christian School				October 23-27
Monday	Tuesday	Wednesday	Thursday	Friday	
<div></div> <div>Sizzle and Main</div>					
All American Hot Dogs BBQ Baked Beans* Crinkle Cut Fries Sweet Peas*	Jamaican Jerk Pork* Fried Plantains Steamed Yellow Rice Jamaican Style Steamed Cabbage*	Fried Chicken Sandwich Waffle Fries Steam Broccoli* Mac & Cheese	Pasta Bar with Meat Sauce, or Alfredo Sauce Steamed Green Beans* Caesar Salad* Garlic Bread	Chicken Quesadilla Southwest Rice Street Corn* Slow Simmer Pinto Beans*	
<div></div> <div>Simmer's Soup Stop</div>					
Creamy Cauliflower Potato & Bacon Soup	Jamaican Beef Stew* Garden Veggie Soup*	Chicken & Rice Soup Classic Tomato Soup*	Beef Lentil Soup* Vegetable Minestrone	Sausage & Zucchini Soup* Vegetarian Tortilla Soup*	
<div></div> <div>Sprout Berry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads,</div>					
American Cole Slaw* Mrs. Annette's Potatoes Salad	Jamaican Chicken Salad* Pineapple & Carrot Salad*	Cobb Salad* Broccoli Salad*	Bacon & Ranch Potato Salad Caprese Salad*	Southwest Chopped Chicken Salad* Black Bean & Corn Salad*	
<div></div> <div>The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily</div>					
Fried Tofu & Green Peas Cheese Grits	Jamaican Style Vegan Chickpea Curry* Jamaican Beef & Potatoes	Mini Corndogs Cheese Sticks	Vegetable Lasagna* Cream Spinach	Cinnamon Sugar Churros Chicken Flauta	
<div></div> <div>Rosemary Wilds – Fresh Baked Thin Crust Pizza</div>					

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Lunch Menu	Community Christian School				October 30-November 3
Monday	Tuesday	Wednesday	Thursday	Friday	
<div>Sizzle and Main</div>					
BBQ Chicken* Cheesy Cheddar Grits* Collard Greens* BBQ Baked Beans*	BBQ Pulled Pork Sandwich Macaroni & Cheese BBQ Baked Beans* Green Beans*	Chicken Nuggets Crinkle Cut Fries Peas & Carrots* Buttered Corn with Peppers*	Beef & Cheese Enchiladas Southwest Rice Pinto Beans* Street Corn*	Hand Breaded Chicken Tenders Honey Carrots* Steamed Broccoli* Crinkle Cut Fries	
<div>Simmer's Soup Stop</div>					
Chicken & Rice Soup* Hearty Vegetable Soup*	Broccoli Cheddar Soup Steak & Potato Soup	Beef & Vegetable Soup* Butternut Squash*	Chicken Fiesta Soup* Vegetarian Tortilla Soup*	Chicken Noodle Soup Broccoli Cheddar Soup	
<div>Sprout Berry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads,</div>					
Cobb Salad* Greek Salad*	BLT Potato Salad House Made Cole Slaw*	Broccoli Salad* Apple & Cranberry Salad*	Southwestern Chicken Salad* Black Bean & Corn*	Strawberry & Spinach Salad* Mrs. Annette's Tuna Salad*	
<div>The Balanced Bite-In Addition to Listed Menu Items, a Warm Grain and Plant Based Protein will be served Daily</div>					
Sausage with Potatoes & Onions Buttered Cornbread	Buttered Noodles Corn on the Cobb*	Mini Corndogs Crispy Cheese Sticks	Cinnamon & Sugar Dusted Churros Chicken Flauta	Noodle Bowl with Chicken, Tofu, Edamame, Red Onion, Broccoli, & Carrots	
<div>Rosemary Wilds – Fresh Baked Thin Crust Pizza</div>					

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