October 2023	Community Ch	ristian School- l	Early Education	Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Pizza	3 Chicken Nuggets	4 Mini Corndogs	5 Penne Chicken Alfredo	6 Cheese Quesadilla
With Steamed Corn Mash Potatoes Fresh Cut Fruit	With French Fries Sautéed Green Beans Fresh Cut Fruit	With Roasted Red Potatoes Honey Carrots Fresh Cut Fruit	With Steamed Broccoli Warm Garlic Bread Fresh Cut Fruit	With Yellow Rice Steamed Corn Fresh Cut Fruit
9 Grilled Cheese with Ham With Buttered Corn House Fried Chips Fresh Cut Fruit	10 Beef Quesadillas With Steamed Rice Baked Beans Fresh Cut Fruit	11 Sliced Ham With Sweet Green Peas Mac and Cheese Fresh Cut Fruit	12 Chicken Quesadilla With Steamed Green Beans Slow Cooked Pinto Beans Fresh Cut Fruit	13 Crispy Chicken Sandwich With Crinkle Cut Fries Steamed Broccoli Fresh Cut Fruit
16 Chicken & Waffle's With Roasted Red Potatoes Fresh Cut Fruit	17 Cheese Quesadilla With Butter Corn Steamed White Rice Fresh Cut Fruit	18 Spaghetti with Meatballs With Steamed Broccoli Garlic Bread Fresh Cut Fruit	19 Turkey & Cheese Sandwich With House Fried Potato Chips Pinto Beans Fresh Cut Fruit	20 Grill Cheese Sandwich With Rice Pilaf Honey Carrots Fresh Cut Fruit
23 Grilled Hamburger With Crispy French Fries Peas & Carrots Fresh Cut Fruit	24 Pasta with Meat Sauce With Steamed Green Peas Garlic Breadstick Fresh Cut Fruit	25 Crispy Chicken Sandwich With Cheesy Cheddar Grits Roasted Squash Medley Fresh Cut Fruit	26 Mini Corndogs With Steamed Broccoli Honey Carrots Fresh Cut Fruit	27 Cheese Pizza With Caesar Salad Steamed Corn Fresh Cut Fruit
30 Cheese Pizza With Buttered Corn Mash Potatoes Fresh Cut Fruit	31 Chicken Nuggets With French Fries Sautéed Green Beans Fresh Cut Fruit	ChefAdvantage		

ChefAdvantage is committed to serving Nutritious and Delicious Meals!

Locally sourced ingredients whenever possible No High Fructose Corn Syrup, Trans Fats, or MSG





